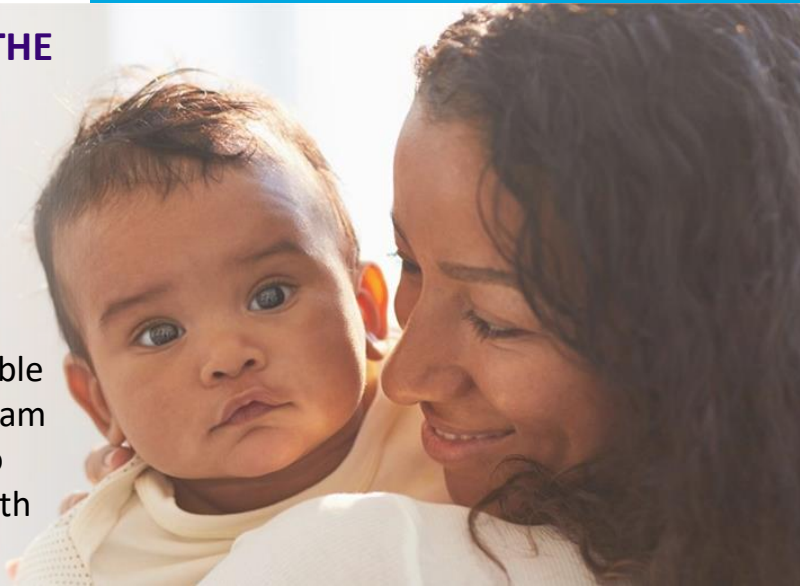


WHAT IS THE ACT PROGRAM AT THE UNIVERSITY OF WASHINGTON?

The Advanced Clinical Training (ACT) Program at the Barnard Center for Infant and Early Childhood Mental Health is an intensive, 15-month professional development program for post-graduate, licensed or license-eligible mental health professionals. The program seeks to *diversify* and *expand* access to infant and early childhood mental health clinicians across Washington State.



THE ACT PROGRAM DELIVERS

6-Month Foundations Phase

- Diversity-Informed Practice & Decolonization Perspectives
- IECMH Ethics
- FAN Model & Reflective Function
- Observation Skills Development
- Early Relational Development
- Child Development - Prenatal-5
- Attachment Theory & Concepts
- Trauma, Resilience, & Healing
- DIR/Floortime & Functional Emotional Assessment Scale (FEAS)
- Neurorelational Framework (NRF)

9-Month Advanced Clinical Training Phase

- Community Psychodynamic/ Psychoanalytic Dyadic, Triadic, & Family Systems Clinical Practice
- Critical Reflective Practice
- Expressive Arts Clinical Approach
- Attachment-Based Practice
- Relational Implications Topics:
 - Systems Involvement Context
 - Pre-, Peri-, & Neonatal Period
 - Caregiver-Specific Concerns
 - Child-Specific Concerns
 - Gender Splendor

IMH-Endorsement Aligned Curriculum & Activities (pending)

Reflective Practice Consultation Groups (3 hrs/month)

Infant Observation & Reflection (2.5 hrs/month)

Hybrid Community Learning Cohort Model (4 in-person sessions)

Integrated Diversity-informed, Relationship-Based, System Perspective