

advanced clinical training

program at the Barnard Center

IECMH FOUNDATIONS PHASE					
Month 1	June	Date	Topic - Program Launch**	Est. Hrs.	
	Session 1	6/3/2022	Welcome, Introductions, & Past, Present, and Future Framing of the ACT Program & IECMH ACT Program IECMH Foundational Theories, Concepts, Perspectives, & Frameworks	6.00	
	Session 2	6/4/2022	Facilitating Attuned iNteractions (FAN) Training for Mental Health Clinicians Level 1 Part 1	6.00	
	Session 3	6/5/2022	Facilitating Attuned iNteractions (FAN) Training for Mental Health Clinicians Level 1 Part 2	6.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 2	July	Date	Topic: Diversity-Informed Practice Principles & Decolonization Perspectives	Est. Hrs.	
	Session 1	7/29/2022	Diversity-Informed Tenets Virtual Workshop PART 1 ACT Program - Diversity-Informed & Ethical Practice	4.00 2.00	
	Session 2	7/30/2022	Diversity-Informed Tenets Virtual Workshop PART 2 ACT Program - Expanded Tenets Implementation/ Diversity-Informed Goal Setting	4.00 2.00	
	Session 3	7/31/2022	Making Observations in Infant and Early Childhood Mental Health	6.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 3	August	Date	Topic: Diversity-Informed Practice Principles & Decolonization Perspectives	Est. Hrs.	
	Session 1	8/12/2022	Diversity-informed practice: (De)colonization and the (De)construction of Race, Gender, & Class	3.00	
	Session 2	8/13/2022	Diversity-informed practice: (De)colonization and the (De)construction of Race, Gender, & Class	3.00	
	Session 3	8/14/2022	Diversity-Informed Practice: Reproductive Health, Justice, and Equity	3.00	
	Session 4	8/26/2022	Diversity-Informed Practice: Historical Trauma, Resilience, Spirituality, Language, and Land - Indigenous Perspectives	3.00	
	Session 5	8/27/2022	Diversity-Informed Practice: Ableism & (dis)Ability in Intersection with Race, Class, and Culture	3.00	
	Session 6	8/28/2022	Diversity-Informed Practice: Infant and Early Childhood Mental Health Systems Change Begins with Me	3.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 4	September	Date	Topic	Est. Hrs.	
	Session 1	9/9/2022	Development in Context: Prenatal Development + Genetics & Epigenetics	3.00	
	Session 2	9/10/2022	Development in Context: Prenatal Development + Genetics & Epigenetics	3.00	
	Session 3	9/11/2022	Development in Context: Birth + Neonatal Period	3.00	
	Session 4	9/23/2022	Development in Context: Birth + Neonatal Period	3.00	
	Session 5	9/24/2022	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	
	Session 6	9/25/2022	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 5	October	Date	Topic	Est. Hrs.	
	Session 1	10/7/2022	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	
	Session 2	10/8/2022	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	
	Session 3	10/9/2022	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	
	Session 4	10/21/2022	Attachment Theory & Concepts Part 1	3.00	
	Session 5	10/22/2022	Attachment Theory & Concepts Part 2	3.00	
	Session 6	10/23/2022	Attachment Theory & Concepts Part 3	3.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 6	November	Date	Topic	Est. Hrs.	
	Session 1	11/4/2022	DIR Floortime for Mental Health Clinicians Part 1	3.00	
	Session 2	11/5/2022	DIR Floortime for Mental Health Clinicians Part 2	3.00	
	Session 3	11/6/2022	Trauma, Resilience, & Healing Part 1 - Decolonizing & Decentering Framework	3.00	
	Session 4	11/18/2022	Trauma, Resilience, & Healing Part 2 - Neurodevelopmental & Relational Impacts of Trauma	3.00	
	Session 5	11/19/2022	Functional Emotional Assessment Scale (FEAS) Part 1	3.00	
	Session 6	11/20/2022	Functional Emotional Assessment Scale (FEAS) Part 2	3.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
				108.00	

*3-session months > 6 hours per session [9am-12pm & 1pm-4pm] 6-session months > 3 hours per session [9am-12pm]

**Months in PURPLE are scheduled to be in-person

ADVANCED CLINICAL TRAINING PHASE					
Month 7	December	Date	Topic - Psychoanalytic/Psychodynamic Lens**	Est. Hrs.	
	Session 1	12/9/2022	Transitioning into advanced clinical training phase - Psychoanalytic/psychodynamic learning lens - Professional	6.00	
	Session 2	12/10/2022	Psychoanalytic/psychodynamic lens - Parents & Child	6.00	
	Session 3	12/11/2022	Psychoanalytic/psychodynamic lens - Child-Parent	6.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 8	January	Date	Topic - Centering the Needs of Infants, Toddlers, Preschoolers, and Families: From Promotion to Intervention	Est. Hrs.	
	Session 1	1/6/2023	National: Centering infants, toddlers, preschoolers and their caregivers' in understanding social context and systems	3.00	
	Session 2	1/7/2023	State: Centering infants, toddlers, preschoolers and their caregivers' in understanding social context and systems	3.00	
	Session 3	1/8/2023	Collateral contacts in a clinical context - What systems are involved and how do clinicians relate to those systems?	3.00	
	Topic - Pre History of a Case and Engagement Phase (including Telehealth)				
	Session 4	1/20/2023	Diversity-Informed Engagement - Making Contact; Clinical outreach post-referral; Taking a Systems Perspective	3.00	
	Session 5	1/21/2023	Diversity-Informed Practice: Taking a history - social, developmental, trauma, systems involvement	3.00	
	Session 6	1/22/2023	Diversity-Informed Diagnostic Frame: Parent and Child Relationship Competencies (PCRC)	3.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 9	February	Date	Topic - Assessment Phase	Est. Hrs.	
	Session 1	2/10/2023	Assessing Relationship	3.00	
	Session 2	2/11/2023	Assessing Relationship	3.00	
	Session 3	2/12/2023	Assessing Relationship	3.00	
	Session 4	2/24/2023	Assessing Relationship	3.00	
	Session 5	2/25/2023	Neurorelational Framework (NRF) - Clinical	3.00	
	Session 6	2/26/2023	Neurorelational Framework (NRF) - Clinical	3.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 10	March	Date	Topic - Self in Practice – Critical Reflective Practice	Est. Hrs.	
	Session 1	3/10/2023	Neurorelational Framework (NRF) - Clinical	3.00	
	Session 2	3/11/2023	Neurorelational Framework (NRF) - Clinical	3.00	
	Session 3	3/12/2023	Critical Reflective Practice: Reflection & Reflexivity	3.00	
	Session 4	3/24/2023	Reflective Functioning & Consultative Stance Part 1	3.00	
	Session 5	3/25/2023	Reflective Functioning & Consultative Stance Part 2	3.00	
	Session 6	3/26/2023	Critical Reflective Practice: Reflective Supervision	3.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 11	April	Date	Topic - Intervention Phase**	Est. Hrs.	
	Session 1	4/21/2023	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	
	Session 2	4/22/2023	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	
	Session 3	4/23/2023	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 12	May	Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	5/5/2023	Perinatal Psychotherapy	3.00	
	Session 2	5/6/2023	Perinatal Psychotherapy	3.00	
	Session 3	5/7/2023	Perinatal Psychotherapy	3.00	
	Session 4	5/19/2023	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	
	Session 5	5/20/2023	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	
	Session 6	5/21/2023	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	
	Infant Observation			Once per month (1 hour observation + 1.5 hours reflection group)	2.50
	Reflective Consultation Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 13	June	Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	6/2/2023	Gender Splendor	3.00	
	Session 2	6/3/2023	Gender Splendor	3.00	
	Session 3	6/4/2023	Gender Splendor	3.00	
	Session 4	6/23/2023	Intervention - CPP 3-day Training	3.00	
	Session 5	6/24/2023	Intervention - CPP 3-day Training	3.00	
	Session 6	6/25/2023	Intervention - CPP 3-day Training	3.00	
	Reflective Practice Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 14	July	Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	7/7/2023	Intervention - CPP 3-day Training	6.00	
	Session 2	7/8/2023	Radical Healing Framework	6.00	
	Session 3	7/9/2023	Expressive Arts Therapeutic Approach	6.00	
	Reflective Practice Group			Twice per month (1.5 hour groups following content sessions)	3.00
Month 15	August	Date	Topic - Evaluation, Monitoring, & Full Case Framing**	Est. Hrs.	
	Session 1	8/25/2023	Diversity-Informed Evaluation	6.00	
	Session 2	8/26/2023	What's next? - Goal/Project Review	6.00	
	Session 3	8/27/2023	What's next? - Goal/Project Review	6.00	
				270.00	

*3-session months > 6 hours per session [9am-12pm & 1pm-4pm] 6-session months > 3 hours per session [9am-12pm]

**Months in PURPLE are scheduled to be in-person