

Moms' Access Project ECHO: CME Series

UW's Perinatal Substance Use, Mental Health and Infant Mental Health Case Conference Series

Moms' Access Project ECHO (MAP ECHO): Perinatal Substance Use, Mental Health and Infant Mental Health Case Conference Series is a free CME accredited program for prenatal, substance use, and mental health providers in Washington State who want to improve the well-being and outcomes for their pregnant and postpartum patients.

Facilitated by a multidisciplinary team including UW Medicine perinatal and addiction psychiatrists, obstetrician gynecologists, maternal fetal medicine experts, advanced registered nurse practitioners, social workers, the program aims to increase frontline provider capacity to address common perinatal behavioral health conditions and infant mental health. Program format is brief didactic followed by in depth case presentation and discussion.

Using **real-time, interactive video**, providers:

- Learn new approaches and skills
- Participate in in-depth clinical case consultation
- Receive feedback and recommendations
- Provide expertise to a community of colleagues
- Earn CME credits

Objectives

Upon completion of this activity participants will be able to:

- Examine the role of parental mental health and substance use on the socioemotional development of infants
- Describe the parent child dyadic interaction and identify indicators of concern
- Describe the identification and treatment of common perinatal mental health and substance use disorders and the effects on the fetus and infant
- Practice working across perinatal mental health, perinatal substance use, and infant mental health systems
- Discuss the role of stigma, racism and SDOH in the care of perinatal dyads affected by perinatal mental health and substance use disorders



WHEN

Monthly virtual case conference sessions held 1st Wednesday of the month. October 2022 through July 2023 from 12:00-1:30pm PST

WHO

Any prenatal, substance use, mental health or infant mental health provider in WA State caring for pregnant or postpartum patients or their families.

REGISTER HERE:

<https://redcap.link/mapecho4>

QUESTIONS?

Email mcmh@uw.edu

CME INFO:

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of **15 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (Each session is 1.5 credits)

Funded by:

