

Barnard Center

for Infant & Early Childhood Mental Health



SPOTLIGHT



advanced clinical training program at the Barnard Center

[Applications Now Open For The Advanced Clinical Training Program](#)

The Advanced Clinical Training (ACT) Program's inaugural cohort is now in its 12th month! What a year it has been from our launch in March 2021 through the pandemic rollercoaster! It has been 12 months of unlearning and relearning, reflection and exploration, and community and relationship building! Here's what one of clinicians shared about the program:

"I just wanted to take a moment to express my gratitude for the way [instructors/facilitators] engage and lead the learning sessions. For me there is a notable feel, even on a Zoom call, that this style of learning and engagement is

dismantling the way learning and education tends to be. I feel so grateful to have this opportunity to experience the depth and thoughtfulness of the material being presented & the style and manner it is offered. I feel the kindness, generosity, and belonging in this group. Thank you [instructors/facilitators] for the time, energy, thoughtfulness, and dedication that you bring to the ACT program. With gratitude."

Letha Gillisse, 2021-2022 ACT Program Cohort

The Advanced Clinical Training Program, led by Dr. Nucha Isarowong, is now enrolling their second cohort of learners. The program is designed for mental health clinicians to gain expertise in delivering diversity-informed, infant and early childhood mental health clinical treatment and services to expecting families and families caring for young children. The priority application period is open now until **March 31!** Please visit us at <https://barnardcenter.nursing.uw.edu/advanced-clinical-training-act/> to learn more about ACT or check our flyer and course outline. Open Houses are available!

Sign up for one of the **Virtual OPEN HOUSES** currently scheduled.

- February 8, 2022 at 12pm-1pm, [click here](#) to register.
- February 16, 2022 at 12pm-1pm, [click here](#) to register.
- February 16, 2022 at 4pm-5pm, [click here](#) to register.
- February 22, 2022 at 9am-10am, [click here](#) to register.
- February 22, 2022 at 12pm-1pm, [click here](#) to register.
- March 8, 2022 at 9am-10am, [click here](#) to register.
- March 8, 2022 at 4pm-5pm, [click here](#) to register.
- March 14, 2022 at 12pm-1pm, [click here](#) to register.
- March 14, 2022 at 4pm-5pm, [click here](#) to register.
- March 23, 2022 at 9am-10am, [click here](#) to register.
- March 23, 2022 at 4pm - 5pm, [click here](#) to register.

BIPOC Virtual OPEN HOUSES

- February 8, 2022 at 9am-10am, [click here](#) to register.

WORKFORCE



Workforce Pathways Committee

The Workforce Pathways Committee consists of Barnard Center staff and faculty, faculty from Green River College and UW Social Work program, as well as WA Association for Infant Mental Health. The aim is to conduct outreach to diverse communities and share opportunities for rewarding careers in infant and early childhood mental health (IECMH). To date we provided three learning sessions to over 150 individuals. Our team is also providing follow-up drop-in sessions to better support those interested in a career in IECMH. The outreach efforts have been well received, and we have successfully engaged providers of color in discussions about careers and educational opportunities in our field. In addition, Joyce Yang, Program Manager for the Advanced Clinical Training Program at the Barnard Center will be providing additional mentoring support to those interested in launching their IECMH career, mentoring will be funded through the Kathryn Barnard Estate Endowment funds.

DISSEMINATION

parent-child relationship 
programs at the Barnard Center



Dr. Alison Ventura will provide a FREE Guest Lecture on how to promote responsible bottle feeding to reduce overfeeding and prevention of rapid weight gain during infancy; join us **March 15 @ 9:00 am - 10:30 am PDT**. [Register now!](#)



Kadija Johnston will be speaking on **May 18 @ 10:00 am – 11:00 am** on Infant and Early Childhood Mental Health Consultation; registration for this event will open early spring on the pcrprograms.org website.

International Partnerships and Korean Translations: Seoul, South Korea

Seoul National University, in partnership with the Korean Early Childhood Home-Visiting Intervention (KECHI), has entered into an agreement with Parent-Child Relationship Programs to use the Nursing Child Assessment Satellite Training (NCAST) Parent-Child Interaction scales as an outcome measurement in their National KECHI program. This partnership involves translation of all materials into Korean as well as preparing instructors to teach the nurses in South Korea to administer and score the PCI Teaching scale at two time points in the study. Collaborators in this endeavor are Dr. Young-Ho Khang, Dr. Yu-Mi Kim, and Dr. Sae-Eun Park.



Special Outreach to China in 2021

Parent-Child Relationship Programs' collaborative work to continue training health care professionals (pediatricians, nurses, psychiatrists, psychologists, and other allied providers) in the People's Republic of China (PRC) has increased the capacity of professionals coordinating and providing Early Intervention Services in the PRC to meet the needs of families with infants and toddlers with special needs. Over 30 practitioners are currently using the Parent-Child Interaction scales in practice and the ongoing project of data collection continues. Our Director of Education taught another cohort of learners in November of 2021 via Zoom, with a plan to train instructors as soon as international travel and group gatherings are safe for all.

RESEARCH

Submitted Research Proposals

In November 2021, Dr. Oxford submitted a new R01 proposal to the National Institutes of Child Health and Human Development titled Delivering Evidence-Based Parenting Services to Families in Child Welfare Using Telehealth. This study is a randomized experimental design in testing the effectiveness of an intervention administered by community-based service providers to child welfare involved parents. This study is a test of the effectiveness of a home visiting service delivered by telehealth.

IN THE NEWS



Dr. Monica Oxford was selected as the Katheryn Barnard Endowed Professor in Infant and Early Childhood Mental Health. Her aim with this endowment is to support diverse community service providers in their careers to enter the field of Infant and Early Childhood Mental Health. Dr. Oxford was also selected as the Vice Chair for Research in Child, Family, and Population Health Nursing and will serve in that role for three years.



› [Sleep Health](#). 2021 Dec 30;S2352-7218(21)00207-2. doi: 10.1016/j.sleh.2021.10.002.
Online ahead of print.

Call to action: Prioritizing sleep health among US children and youth residing in alternative care settings

Jonika B Hash ¹, Candice A Alfano ², Judith Owens ³, Kerry Littlewood ⁴, Angeliq Day ⁵,
Abhishek Pandey ⁶, Monica R Ordway ⁷, Teresa M Ward ⁸

Dr. Jonika Hash et al., published a Call to Action in *Sleep Health*, their goal is to draw attention to the sleep health of children residing in alternative care settings. We highlight the need for a more robust evidence base to address major knowledge gaps and outline concrete steps toward building future promising sleep health-promoting practices and policies supporting children residing in alternative care settings.