

# advanced clinical training

## program at the Barnard Center

IECMH FOUNDATIONS PHASE					
Month 1		Date	Topic - Program Launch**	Est. Hrs.	Instructors
	Session 1	1/24/2025	Welcome, Introductions, & Past, Present, and Future Framing of the ACT Program & IECMH	3.00	Nucha Isarowong
	Session 2	1/25/2025	Orientation to Program: The Relational Worldview - Relationship-centered perspectives & practice	3.00	Nucha Isarowong
	Session 3	1/26/2025	Diversity-Informed Practice Critical Reflective Practice, Self-awareness, Critical Consciousness - Healing in Cultural & Relational Context	3.00	Nucha Isarowong & Carmen Rosa Noroña
	Session 4	2/7/2025	Defining Diversity, Equity, Inclusion, and Belonging: Diversity-Informed & Ethical Practice	3.00	Nucha Isarowong
	Session 5	2/8/2025	Diversity-informed practice: Colonization and the Construction of Systems of Oppression	3.00	Nucha Isarowong
	Session 6	2/9/2025	Diversity-informed practice: (De)colonization and the (De)construction of Systems of Oppression	3.00	Nucha Isarowong
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 2		Date	Topic: Diversity-Informed Practice Principles & Decolonization Perspectives	Est. Hrs.	
	Session 1	2/28/2025	Diversity-Informed Tenets In-person Workshop	6.50	Ayannakai Nalo & Nucha Isarowong
	Session 2	3/1/2025	Facilitating Attuned Interactions (FAN) Training for Mental Health Clinicians Level 1 Part 2	6.00	Siemone Smith & Nucha Isarowong
	Session 3	3/2/2025	Facilitating Attuned Interactions (FAN) Training for Mental Health Clinicians Level 1 Part 2	6.00	Siemone Smith & Nucha Isarowong
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 3		Date	Topic: Diversity-Informed Practice Principles & Decolonization Perspectives	Est. Hrs.	
	Session 1	3/14/2025	Diversity-Informed Practice: Infant and Early Childhood Mental Health Systems Change Begins with Me	3.00	Kandace Thomas
	Session 2	3/15/2025	Diversity-Informed Practice: Reproductive Health, Justice, and Equity	3.00	Nucha Isarowong
	Session 3	3/16/2025	Diversity-Informed Practice: Historical Trauma, Resilience, Spirituality, Language, and Land - Indigenous Perspectives	3.00	Martina Whelshula
	Session 4	3/28/2025	Diversity-Informed Practice: Ableism & (dis)Ability in Intersection with Race, Class, and Culture	3.00	Nucha Isarowong
	Session 5	3/29/2025	Making Observations in Infant and Early Childhood Mental Health	3.00	Monica Oxford
	Session 6	3/30/2025	Making Observations in Infant and Early Childhood Mental Health	3.00	Monica Oxford
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 4		Date	Topic	Est. Hrs.	
	Session 1	4/11/2025	Development in Context: Pregnancy + Transition to Parenthood	3.00	Nucha Isarowong
	Session 2	4/12/2025	Development in Context: Prenatal Development + Genetics & Epigenetics	3.00	Nucha Isarowong
	Session 3	4/13/2025	Development in Context: Birth + Neonatal Period	3.00	Nucha Isarowong
	Session 3	4/25/2025	Development in Context: Birth + Neonatal Period	3.00	Nucha Isarowong
	Session 4	4/26/2025	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong
	Session 6	4/27/2025	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 5		Date	Topic	Est. Hrs.	
	Session 1	5/16/2025	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong
	Session 2	5/17/2025	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong
	Session 3	5/18/2025	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong
	Session 4	6/6/2025	DMM: Attachment Theory & Concepts Part 1	3.00	Clark Baim
	Session 5	6/7/2025	DMM: Attachment Theory & Concepts Part 2	3.00	Clark Baim
	Session 6	6/8/2025	DMM: Attachment Theory & Concepts Part 3	3.00	Clark Baim
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 6		Date	Topic	Est. Hrs.	
	Session 1	6/27/2025	DIR Floortime for Mental Health Clinicians Part 1	3.00	Myisha Driver
	Session 2	6/28/2025	DIR Floortime for Mental Health Clinicians Part 2	3.00	Myisha Driver
	Session 3	6/29/2025	Trauma, Resilience, & Healing Part 1 - Decolonizing & Decentering Framework	3.00	Nucha Isarowong
	Session 4	7/11/2025	Trauma, Resilience, & Healing Part 2 - Neurodevelopmental & Relational Impacts of Trauma	3.00	Nucha Isarowong
	Session 5	7/12/2025	Functional Emotional Assessment Scale (FEAS) Part 1	3.00	Gil Tippy
	Session 6	7/13/2025	Functional Emotional Assessment Scale (FEAS) Part 2	3.00	Gil Tippy
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
				105.50	Foundations Phase Content Session CEU

\*3-session months > 6 hours per session [9am-12pm & 1pm-4pm]    6-session months > 3 hours per session [9am-12pm]    \*\*Months in PURPLE are scheduled to be in-person

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ADVANCED CLINICAL TRAINING PHASE					
Month 7		Date	Topic - Psychoanalytic/Psychodynamic Lens**	Est. Hrs.	
	Session 1	7/25/2025	Transitioning into advanced clinical training phase - Psychoanalytic/psychodynamic learning lens - Professional	6.00	Maria St. John
	Session 2	7/26/2025	Psychoanalytic/psychodynamic lens - Parents & Child	6.00	Maria St. John
	Session 3	7/27/2025	Psychoanalytic/psychodynamic lens - Child-Parent	6.00	Maria St. John
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 8		Date	Topic - Centering the Needs of Infants, Toddlers, Preschoolers, and Families: From Promotion to Intervention	Est. Hrs.	
	Session 1	8/22/2025	National: Centering infants, toddlers, preschoolers and their caregivers' in understanding social context and systems	3.00	Meghan Schmelzer
	Session 2	8/23/2025	State: Centering infants, toddlers, preschoolers and their caregivers' in understanding social context and systems	3.00	Christine Cole
	Session 3	8/24/2025	Diversity-Informed Engagement - Making Contact; Clinical outreach post-referral; Taking a Systems Perspective	3.00	Nucha Isarowong
			Topic - Pre History of a Case and Engagement Phase (including Telehealth)		
	Session 4	9/5/2025	Diversity-Informed Practice: Taking a history - social, developmental, trauma, systems involvement	3.00	Nucha Isarowong
	Session 5	9/6/2025	Collateral contacts in a clinical context - What systems are involved and how do clinicians relate to those systems?	3.00	Haruko Watanabe
	Session 6	9/7/2025	Diversity-Informed Diagnostic Frame: Parent and Child Relationship Competencies (PCRC)	3.00	Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 9		Date	Topic - Assessment Phase	Est. Hrs.	
	Session 1	9/19/2025	Assessing Relationship	3.00	Nucha Isarowong & Haruko Watanabe
	Session 2	9/20/2025	Assessing Relationship	3.00	Nucha Isarowong & Haruko Watanabe
	Session 3	9/21/2025	Assessing Relationship	3.00	Nucha Isarowong & Haruko Watanabe
	Session 4	10/3/2025	Assessing Relationship	3.00	Nucha Isarowong & Haruko Watanabe
	Session 5	10/4/2025	Neurorelational Framework (NRF) - Clinical	3.00	Connie Lillas
	Session 6	10/5/2025	Neurorelational Framework (NRF) - Clinical	3.00	Connie Lillas
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 10		Date	Topic - Self in Practice - Critical Reflective Practice	Est. Hrs.	
	Session 1	10/17/2025	Therapeutic Cultural Routines to Build Family Relationships	3.00	Marva Lewis
	Session 2	10/18/2025	Therapeutic Cultural Routines to Build Family Relationships	3.00	Marva Lewis
	Session 3	10/19/2025	Critical Reflective Practice: Reflection & Reflexivity	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Session 4	10/31/2025	Reflective Functioning & Consultative Stance Part 1	3.00	Dawn Yazzie
	Session 5	11/1/2025	Reflective Functioning & Consultative Stance Part 2	3.00	Dawn Yazzie
	Session 6	11/2/2025	Critical Reflective Practice: Reflective Supervision	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 11		Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	11/14/2025	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	Maria St. John & Nucha Isarowong
	Session 2	11/15/2025	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	Maria St. John & Nucha Isarowong
	Session 3	11/16/2025	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	Maria St. John & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 12		Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	12/12/2025	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	Arietta Slade or Lydia Guthrie
	Session 2	12/13/2025	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	Arietta Slade or Lydia Guthrie
	Session 3	12/14/2025	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	Arietta Slade or Lydia Guthrie
	Session 4	1/9/2026	Gender Splendor	3.00	Maria St. John & Nucha Isarowong
	Session 5	1/10/2026	Gender Splendor	3.00	Maria St. John & Nucha Isarowong
	Session 6	1/11/2026	Gender Splendor	3.00	Maria St. John & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 13		Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	1/23/2026	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 2	1/24/2026	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 3	1/25/2026	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 4	2/6/2026	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 5	2/7/2026	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 6	2/8/2026	Radical Healing Part 1	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Practice Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 14		Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	2/20/2026	Perinatal Psychotherapy	3.00	Gloria Castro
	Session 2	2/21/2026	Perinatal Psychotherapy	3.00	Gloria Castro
	Session 3	2/22/2026	Perinatal Psychotherapy	3.00	Gloria Castro
	Session 4	3/6/2026	Diversity-Informed Evaluation & Termination	3.00	Nucha Isarowong
	Session 5	3/7/2026	Radical Healing Part 2	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Session 6	3/8/2026	Radical Healing Part 3	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Practice Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 15		Date	Topic - Evaluation, Monitoring, & Full Case Framing**	Est. Hrs.	
	Session 1	3/27/2026	Expressive Arts Therapeutic Approach	6.00	Abigail Bocanegra
	Session 2	3/28/2026	What's next? - Goal/Project Review	6.00	Nucha Isarowong
	Session 3	3/29/2026	What's next? - Goal/Project Review	6.00	Nucha Isarowong
				249.50	Total Hours Foundations + ACT Phase

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