

IECMH FOUNDATIONS PHASE					
Month 1	Date	Topic - Program Launch**	Est. Hrs.	Instructors	
Session 1	4/24/2026	Welcome, Introductions, & Past, Present, and Future Framing of the ACT Program & IECMH	3.00	Nucha Isarowong	
Session 2	4/25/2026	ACT Program IECMH Foundational Theories, Concepts, Perspectives, & Frameworks	3.00	Nucha Isarowong	
Session 3	4/26/2026	Community of Learning, Practice, & Healing in Cultural & Relational Context	3.00	Nucha Isarowong & Carmen Rosa Noroña	
Session 4	5/8/2026	Diversity-Informed Tenets Virtual Workshop PART 1	4.00	Ayannakai Nalo & Nucha Isarowong	
Session 5	5/9/2026	Diversity-Informed Tenets Virtual Workshop PART 2	4.00	Ayannakai Nalo & Nucha Isarowong	
Session 6	5/10/2026	ACT Program - Diversity-Informed & Ethical Practice	2.00	Nucha Isarowong	
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		
Month 2	Date	Topic: Diversity-Informed Practice Principles & Decolonization Perspectives	Est. Hrs.		
Session 1	5/26/2026	Facilitating Attuned Interactions (FAN) Training for Mental Health Clinicians Level 1 Part 1	6.00	Siemone Smith & Nucha Isarowong	
Session 2	5/30/2026	Facilitating Attuned Interactions (FAN) Training for Mental Health Clinicians Level 1 Part 2	6.00	Siemone Smith & Nucha Isarowong	
Session 3	5/31/2026	Diversity-informed practice: (De)colonization and the (De)construction of Race, Gender, & Class	6.00	Nucha Isarowong	
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		
Month 3	Date	Topic: Diversity-Informed Practice Principles & Decolonization Perspectives	Est. Hrs.		
Session 1	6/12/2026	Diversity-Informed Practice: Infant and Early Childhood Mental Health Systems Change Begins with Me	3.00	Kandace Thomas	
Session 2	6/13/2026	Diversity-Informed Practice: Reproductive Health, Justice, and Equity	3.00	Nucha Isarowong	
Session 3	6/14/2026	Diversity-Informed Practice: Historical Trauma, Resilience, Spirituality, Language, and Land - Indigenous Perspectives	3.00	Martina Whelshula	
Session 4	6/26/2026	Diversity-Informed Practice: Ableism & (dis)Ability in Intersection with Race, Class, and Culture	3.00	Nucha Isarowong	
Session 5	6/27/2026	Making Observations in Infant and Early Childhood Mental Health	3.00	Monica Oxford	
Session 6	6/28/2026	Making Observations in Infant and Early Childhood Mental Health	3.00	Monica Oxford	
Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50		
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		
Month 4	Date	Topic	Est. Hrs.		
Session 1	7/10/2026	Development in Context: Pregnancy + Transition to Parenthood	3.00	Nucha Isarowong	
Session 2	7/11/2026	Development in Context: Prenatal Development + Genetics & Epigenetics	3.00	Nucha Isarowong	
Session 3	7/12/2026	Development in Context: Birth + Neonatal Period	3.00	Nucha Isarowong	
Session 3	7/24/2026	Development in Context: Birth + Neonatal Period	3.00	Nucha Isarowong	
Session 4	7/25/2026	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong	
Session 6	7/26/2026	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong	
Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50		
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		
Month 5	Date	Topic	Est. Hrs.		
Session 1	8/7/2026	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong	
Session 2	8/8/2026	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong	
Session 3	8/9/2026	Development in Context: Infant, Toddler, + Early Childhood Development	3.00	Nucha Isarowong	
Session 4	8/21/2026	DMM: Attachment Theory & Concepts Part 1	3.00	Clark Baim	
Session 5	8/22/2026	DMM: Attachment Theory & Concepts Part 2	3.00	Clark Baim	
Session 6	8/23/2026	DMM: Attachment Theory & Concepts Part 3	3.00	Clark Baim	
Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50		
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		
Month 6	Date	Topic	Est. Hrs.		
Session 1	9/11/2026	DIR Floortime for Mental Health Clinicians Part 1	3.00	Gil Tippy	
Session 2	9/12/2026	DIR Floortime for Mental Health Clinicians Part 2	3.00	Gil Tippy	
Session 3	9/13/2026	Trauma, Resilience, & Healing Part 1 - Decolonizing & Decentering Framework	3.00	Nucha Isarowong	
Session 4	9/25/2026	Trauma, Resilience, & Healing Part 2 - Neurodevelopmental & Relational Impacts of Trauma	3.00	Nucha Isarowong	
Session 5	9/26/2026	Functional Emotional Assessment Scale (FEAS) Part 1	3.00	Gil Tippy	
Session 6	9/27/2026	Functional Emotional Assessment Scale (FEAS) Part 2	3.00	Gil Tippy	
Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50		
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		
			106.00	Foundations Phase Content Session CEU	

*3-session months > 6 hours per session [9am-12pm & 1pm-4pm] 6-session months > 3 hours per session [9am-12pm] **Months in PURPLE are scheduled to be in-person

RPCG Subtotal

18.00

IO Subtotal

10.00

Observation + Reflection Group

ADVANCED CLINICAL TRAINING PHASE					
Month 7	Date	Topic - Psychoanalytic/Psychodynamic Lens**	Est. Hrs.		
Session 1	10/16/2026	Transitioning into advanced clinical training phase - Psychoanalytic/psychodynamic learning lens - Professional	6.00	Maria St. John	
Session 2	10/17/2026	Psychoanalytic/psychodynamic lens - Parents & Child	6.00	Maria St. John	
Session 3	10/18/2026	Psychoanalytic/psychodynamic lens - Child-Parent	6.00	Maria St. John	
Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50		
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		
Month 8	Date	Topic - Centering the Needs of Infants, Toddlers, Preschoolers, and Families: From Promotion to Intervention	Est. Hrs.		
Session 1	11/6/2026	National: Centering infants, toddlers, preschoolers and their caregivers' in understanding social context and systems	3.00	Meghan Schmelzer	
Session 2	11/7/2026	State: Centering infants, toddlers, preschoolers and their caregivers' in understanding social context and systems	3.00	Kristin Wiggins / Christine Cole	
Session 3	11/8/2026	Diversity-Informed Engagement - Making Contact; Clinical outreach post-referral; Taking a Systems Perspective	3.00	Nucha Isarowong	
Session 4	11/20/2026	Diversity-Informed Practice: Taking a history - social, developmental, trauma, systems involvement	3.00	Nucha Isarowong	
Session 5	11/21/2026	Collateral contacts in a clinical context - What systems are involved and how do clinicians relate to those systems?	3.00	Haruko Watanabe	
Session 6	11/22/2026	Diversity-Informed Diagnostic Frame: Parent and Child Relationship Competencies (PCRC)	3.00	Nucha Isarowong	
Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50		
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		
Month 9	Date	Topic - Assessment Phase	Est. Hrs.		
Session 1	12/4/2026	Diversity-Informed Assessment of Relationships & Clinical/Case Formulation	3.00	Haruko Watanabe & Nucha Isarowong	
Session 2	12/5/2026	Diversity-Informed Assessment of Relationships & Clinical/Case Formulation	3.00	Haruko Watanabe & Nucha Isarowong	
Session 3	12/6/2026	Diversity-Informed Assessment of Relationships & Clinical/Case Formulation	3.00	Haruko Watanabe & Nucha Isarowong	
Session 4	12/18/2026	Diversity-Informed Assessment of Relationships & Clinical/Case Formulation	3.00	Haruko Watanabe & Nucha Isarowong	
Session 5	12/19/2026	Neurorelational Framework (NRF) - Clinical	3.00	Connie Lillas	
Session 6	12/20/2026	Neurorelational Framework (NRF) - Clinical	3.00	Connie Lillas	
Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50		
Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00		

advanced clinical training

Month 10		Date	Topic - Self in Practice – Critical Reflective Practice	Est. Hrs.	
	Session 1	1/8/2027	Therapeutic Cultural Routines to Build Family Relationships	3.00	Marva Lewis
	Session 2	1/9/2027	Therapeutic Cultural Routines to Build Family Relationships	3.00	Marva Lewis
	Session 3	1/10/2027	Critical Reflective Practice: Reflection & Reflexivity	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Session 4	1/22/2027	Reflective Functioning & Consultative Stance Part 1	3.00	Dawn Yazzie
	Session 5	1/23/2027	Reflective Functioning & Consultative Stance Part 2	3.00	Dawn Yazzie
	Session 6	1/24/2027	Critical Reflective Practice: Reflective Supervision	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 11		Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	2/19/2027	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	Maria St. John & Nucha Isarowong
	Session 2	2/20/2027	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	Maria St. John & Nucha Isarowong
	Session 3	2/21/2027	Caregiver-Child Relational Implications of Contextual, Caregiver- & Child-Specific Treatment Concerns	6.00	Maria St. John & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 12		Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	3/5/2027	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	Lydia Guthrie
	Session 2	3/6/2027	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	Lydia Guthrie
	Session 3	3/7/2027	The Relational Foundations of Reflection: Safety, Regulation, and Relationships	3.00	Lydia Guthrie
	Session 4	3/19/2027	Gender Splendor	3.00	Maria St. John & Nucha Isarowong
	Session 5	3/20/2027	Gender Splendor	3.00	Maria St. John & Nucha Isarowong
	Session 6	3/21/2027	Gender Splendor	3.00	Maria St. John & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Consultation Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 13		Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	4/2/2027	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 2	4/3/2027	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 3	4/4/2027	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 4	4/16/2027	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 5	4/17/2027	Intervention - CPP 3-day Training	3.00	Haruko Watanabe & Mindy Davis
	Session 6	4/18/2027	Radical Healing Part 1	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Practice Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 14		Date	Topic - Intervention Phase	Est. Hrs.	
	Session 1	5/7/2027	Perinatal Psychotherapy	3.00	Gloria Castro
	Session 2	5/8/2027	Perinatal Psychotherapy	3.00	Gloria Castro
	Session 3	5/9/2027	Perinatal Psychotherapy	3.00	Gloria Castro
	Session 4	5/21/2027	Diversity-Informed Evaluation & Termination	3.00	Nucha Isarowong
	Session 5	5/22/2027	Radical Healing Part 2	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Session 6	5/23/2027	Radical Healing Part 3	3.00	Carmen Rosa Noroña & Nucha Isarowong
	Infant Observation		Once per month (1 hour observation + 1.5 hours reflection group)	2.50	
	Reflective Practice Group		Twice per month (1.5 hour groups following content sessions)	3.00	
Month 15		Date	Topic - Evaluation, Monitoring, & Full Case Framing**	Est. Hrs.	
	Session 1	6/11/2027	Expressive Arts Therapeutic Approach	6.00	Abigail Bocanegra
	Session 2	6/12/2027	What's next? - Goal/Project Review	6.00	Nucha Isarowong
	Session 3	6/13/2027	What's next? - Goal/Project Review	6.00	Nucha Isarowong
				249.00	Total Hours Foundations + ACT Phase

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RPCG 24.00
IO Group 20.00