



## CHILD PARENT PSYCHOTHERAPY TRAINING OPPORTUNITY

In response to a growing recognition of the need for mental health services that address trauma for very young children and their families, a multisector partnership is bringing Child Parent Psychotherapy (CPP) training to Washington State with the goal of training 45 clinicians in this nationally recognized, evidence-based practice, and establishing local training expertise. The partnership is offering CPP training because it is one of the only evidence-based mental health interventions for children 0–5 who have experienced trauma, it has cultural responsiveness as a core element, and it is effective in many different communities, including immigrant/refugee, African American and Latine communities.

### TRAINING SCHEDULE

Successful applicants will participate in an 18-month training process that includes:

- Initial Workshop
  - Three full days in-person sessions in Spring 2026
- Two 2-day booster sessions (or competency building workshops)
  - One held 6 months after the initial workshop (Fall 2026)
  - One held 12 months after the initial workshop (Spring 2027)
- Case consultation in person or via telephone (2 times on average a month for 18 months)
- Supervisors will be required to attend once monthly supervisor calls (18 hrs total)
- Additional 1 hour per month release time for fidelity-related activities (i.e. completing forms, reviewing with supervisor)

### PARTICIPANT REQUIREMENTS

Participation is usually limited to organizations who are committed to sending **at least three** practicing mental health clinicians who are either licensed or actively pursuing licensure, unless your organization already has multiple CPP rostered clinicians/supervisors or you are partnering with another agency. One of these 3 needs to be a clinical supervisor, unless your organization already has a CPP rostered supervisor. Participants will be selected through a competitive application process. Applicants must be currently working with **at least four** early childhood clients suitable for CPP or have the ability to do so during the course of the training.

### THIS TRAINING IS A COLLABORATIVE EFFORT OF THE FOLLOWING ORGANIZATIONS:

- The Barnard Center for Infant and Early Childhood Mental Health at the University of Washington
- The Child Trauma Research Program at the University of California—San Francisco

### PROGRAM FEE

This training is \$500 per clinician in addition to travel/ lodging for in-person workshops for those enrolled to serve Medicaid by April 30th. Program fee for non-Medicaid participants is \$2,500 per clinician. Waivers may be available.

Each clinician/agency is responsible for purchasing their own CPP manuals.

### APPLICATION

Please fill out a short survey [HERE](#) by January 9, 2026 if your agency would be interested in participating. If your agency is eligible to participate, you will be asked to fill out a full application with more details about your agency and prospective trainees.

**Click here if your agency is interested in applying**

### MORE INFORMATION

To find out more about CPP and planned trainings in Washington, watch the **VIDEO** with details on the training program

- Read about the CPP approach and impact on the **CPP WEBSITE**

