



CHILD PARENT PSYCHOTHERAPY TRAINING OPPORTUNITY

In response to a growing recognition of the need for mental health services that address trauma for very young children and their families, a multisector partnership is bringing Child Parent Psychotherapy (CPP) training to Washington State with the goal of training 45 clinicians in this nationally recognized, evidence-based practice, and establishing local training expertise. The partnership is offering CPP training because it is one of the only evidence-based mental health interventions for children 0–5 who have experienced trauma, it has cultural responsiveness as a core element, and it is effective in many different communities, including immigrant/refugee, African American and Latine communities.

TRAINING SCHEDULE

Successful applicants will participate in an 18-month training process that includes:

- Initial Workshop
 - Three full days in-person sessions in Spring 2026
- Two 2-day booster sessions (or competency building workshops)
 - One held 6 months after the initial workshop (Fall 2026)
 - One held 12 months after the initial workshop (Spring 2027)
- Case consultation in person or via telephone (2 times on average a month for 18 months)
- Supervisors will be required to attend once monthly supervisor calls (18 hrs total)
- Additional 1 hour per month release time for fidelity-related activities (i.e. completing forms, reviewing with supervisor)

PARTICIPANT REQUIREMENTS

Participation is usually limited to organizations who are committed to sending at least three practicing mental health clinicians who are either licensed or actively pursuing licensure, unless your organization already has multiple CPP rostered clinicians/supervisors or you are partnering with another agency. One of these 3 needs to be a clinical supervisor, unless your organization already has a CPP rostered supervisor. Participants will be selected through a competitive application process. Applicants must be currently working with at least four early childhood clients suitable for CPP or have the ability to do so during the course of the training.

THIS TRAINING IS A COLLABORATIVE EFFORT OF THE FOLLOWING ORGANIZATIONS:

- The Barnard Center for Infant and Early Childhood Mental Health at the University of Washington
- The Child Trauma Research Program at the University of California—San Francisco

PROGRAM FEE

This training is \$500 per clinician in addition to travel/lodging for in-person workshops for those enrolled to serve Medicaid by April 30th. Program fee for non-Medicaid participants is \$2,500 per clinician. Waivers may be available. Each clinician/agency is responsible for purchasing their own CPP manuals.

APPLICATION

Please fill out a short survey [HERE](#) by January 9, 2026 if your agency would be interested in participating. If your agency is eligible to participate, you will be asked to fill out a full application with more details about your agency and prospective trainees.

[Click here if your agency is interested in applying](#)

MORE INFORMATION

To find out more about CPP and planned trainings in Washington [VIDEO](#) with details on the training program

- Read about the CPP approach and impact on the [CPP WEBSITE](#)

